

# Proglee DHA Vanilla Flavour Protein Powder

Protein Powder with DHA Vanilla Flavour Sugar Free

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## Product Description

Protein Powder with DHA Vanilla Flavour Sugar Free is a high-quality, nutrient-rich dietary supplement designed to support muscle growth, repair, and cognitive function, all while maintaining a low-sugar profile. Enriched with DHA (Docosahexaenoic Acid), an essential omega-3 fatty acid, this protein powder provides several health benefits, including promoting brain health, enhancing memory, and supporting cardiovascular function. With its delicious vanilla flavour, it offers a creamy and enjoyable drink without the added sugar, making it ideal for those looking to manage their sugar intake while still getting the nutrition they need.

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## Key Ingredients

- **Whey Protein Isolate:** A fast-absorbing protein source, whey protein isolate helps in muscle recovery, growth, and supports lean muscle mass. It provides high-quality protein with minimal fat and carbohydrates.
  - **DHA (Docosahexaenoic Acid):** DHA is a vital omega-3 fatty acid that supports brain health, cognitive function, and overall well-being. DHA is also essential for eye health and the proper functioning of the nervous system.
  - **Vanilla Flavour:** A smooth, creamy vanilla taste that enhances the overall drinking experience, without added sugar.
  - **Artificial Sweeteners:** These are used to provide the sweetness of the product while maintaining a zero-sugar formula, which is perfect for individuals who need to limit their sugar intake.
  - **Fiber:** Added fiber supports digestive health, improves gut function, and provides a feeling of fullness, which helps with appetite control.
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## Nutritional Information (Per Serving)

- **Protein:** 20g (from whey protein isolate)
  - **DHA (Omega-3):** 100mg
  - **Calories:** 100 kcal
  - **Total Fat:** 2g
  - **Carbohydrates:** 3g
  - **Dietary Fiber:** 2g
  - **Sugars:** 0g (sugar-free formulation)
  - **Artificial Sweeteners:** 1g
  - **Sodium:** 200mg
  - **Vitamins and Minerals:** Contains essential vitamins and minerals to support overall health, including Vitamin D, Calcium, Magnesium, and more.
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## Benefits

1. **Muscle Repair and Growth:** The high-quality whey protein isolate helps in muscle recovery and repair, making it an ideal supplement for athletes, bodybuilders, or anyone engaged in regular physical activity.
  2. **Cognitive Health:** DHA plays a key role in maintaining cognitive function, memory, and focus. It also supports eye health and may reduce the risk of cognitive decline.
  3. **Sugar-Free Formula:** The product is free from added sugars, making it an excellent choice for those on a low-sugar, ketogenic, or diabetic-friendly diet.
  4. **Digestive Health:** The added fiber helps in maintaining a healthy digestive system by promoting regular bowel movements and supporting gut health.
  5. **Heart Health:** DHA is also beneficial for maintaining a healthy heart by reducing triglyceride levels, lowering blood pressure, and supporting overall cardiovascular function.
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## Who Can Benefit from This Product?

- **Fitness Enthusiasts and Athletes:** Helps with muscle growth and repair, ensuring optimal recovery post-workout.
- **Individuals Concerned with Cognitive Health:** Anyone looking to enhance memory, focus, and mental clarity can benefit from the inclusion of DHA.
- **Diabetic and Low-Sugar Dieters:** This sugar-free protein powder is a great option for individuals following a low-sugar or low-carb diet, or those managing blood sugar levels.
- **People with Digestive Concerns:** Fiber in this product aids digestion and promotes gut health, making it suitable for those with digestive issues or those seeking to improve their gut health.

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### Directions for Use

- **Serving Size:** 1 scoop (approximately 30g)
- **How to Prepare:**
  - Add 1 scoop of Protein Powder with DHA Vanilla Flavour to 200-250ml of water, milk, or any other beverage of your choice.
  - Shake or stir well until the powder is fully dissolved.
  - For a creamier texture, blend with milk or a milk alternative.
- **Recommended Use:**
  - **Post-Workout:** For muscle recovery and to replenish protein stores, consume immediately after your workout.
  - **Daily Use:** Can be consumed once or twice daily, depending on your protein needs.

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### Storage Instructions

- **Store in a cool, dry place, away from direct sunlight.**
- **Keep the product tightly sealed to avoid moisture contamination.**
- **Ensure the product is stored out of reach of children.**

### Precautions

- **Allergen Information:** Contains milk and may contain traces of soy, gluten, or other allergens.
- **Consult with a Healthcare Professional:** If you are pregnant, nursing, or have any existing medical conditions, or are on medication, consult your healthcare provider before using this product.
- **Use as Part of a Balanced Diet:** While this protein powder is a great supplement, it should be part of a healthy, well-rounded diet.

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### Presentation

- **Flavour:** Vanilla
- **Pack Size:** Available in 500g or 1kg containers.
- **Serving Size:** 1 scoop (30g) per serving.

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### Conclusion

**Protein Powder with DHA Vanilla Flavour Sugar Free** offers a perfect combination of protein, DHA, and fiber to support your fitness, health, and cognitive goals. Whether you're looking to increase your protein intake, enhance brain function, or enjoy a sugar-free, delicious drink, this protein powder provides an excellent, nutritious solution for anyone looking to improve their overall health and performance.

Manufactured in India for:

**Cafoli**<sup>TM</sup>  
L I F E C A R E

Cafoli Lifecare Pvt. Ltd.

(An ISO 9001: 2015 Certified Co.)

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